

# Alpine County Mental Health Advisory Board

**June 23, 2022** (HYBRID MEETING – In Person and via Zoom)

## Meeting Minutes

### MEMBERS PRESENT IN PERSON

NONE

### MEMBERS ABSENT

Kate Harvey, Member  
Irvin Jim, BOS Supervisor Liaison  
Dale Bennett, Member

### MEMBERS PRESENT VIA ZOOM

Jane Sweeney, Chair  
Rita Lovell, Vice Chair  
Becky Thornburg, Member  
Becky DeForest, Member

### Other Attendees/Guests:

Teri McAlpin, BHS (Minutes)  
Amy Broadhurst, First 5

### **Call to order regular meeting:**

The meeting was called to order at 12:10pm

#### **1. Oral Communication – General Public Comment**

**This portion of the meeting is an opportunity for members of the public to address the Mental Health Board. No action can be taken on items not listed on the agenda. Three minutes per person respectively.**

##### **a. Amy Broadhurst – First 5**

- i. Summer Play Group began yesterday, and is schedule twice more this summer, on 7/13/22 and 8/17/22 from 10am-12pm.
  1. Yesterday's attendance included 9 children
- ii. Each year, First 5 reserves \$15,000 for responsive community grants.
  1. Amy provided details about this opportunity, the timelines for this year, and the application process.
  2. People are encouraged to contact Amy Broadhurst with any further questions.

#### **2. Consent Agenda**

Matters that are routine and non-controversial and are usually approved by a single majority vote without discussion. Items can be removed from the consent agenda to be discussed and considered separately.

- a. Discussion with Possible Action: Request Approval of 4/28/22 regular meeting minutes. A motion was made and seconded.

*MOTION: Becky DeForest*

*SECOND: Jane Sweeney*

*Ayes: Rita Lovell, Becky Thornburg, Jane Sweeney, Becky DeForest*

*Nays: None*

*Abstained: None*

**MOTION CARRIED**

**3. Unfinished Business**

- a. None

**4. New Business**

- a. Discussion with Possible Action: Determine a plan to complete the 2022 Data Notebook, due 10/28/22
  - i. Discussion occurred regarding delegating this task to BHS to collect and input the data.

A motion was made and seconded to delegate the data collection to BHS, and to bring the results back to the board prior to submittal.

*MOTION: Rita Lovell*

*SECOND: Jane Sweeney*

*Ayes: Rita Lovell, Becky Thornburg, Jane Sweeney, Becky DeForest*

*Nays: None*

*Abstained: None*

**MOTION CARRIED**

**5. ACBHS Director Report – Richard Kuhns, BHS Director, or designee (Teri McAlpin)**

- a. Clinical Supervision Status Update
  - 1. Kathryn Hill has agreed to extend her contract for one year to continue to provide clinical supervision to the Alpine clinical team
- b. ACBHS Agency Update
  - i. The position of Native Wellness Advocate has been offered and accepted, and is awaiting the background check results.
  - ii. The position of front desk reception (AAI) has been interviewed, and an offer is expected this week.
  - iii. BHS is still recruiting for a Clinical Coordinator and an Administrative Assistant III position.
- c. Quarterly Financial Review
  - i. This topic will be held over to the next agenda when fiscal staff or the BHS Director is present
- d. Audit(s) Update
  - i. The various upcoming audits were reviewed
- e. MHSA Annual Update
  - i. The consultant (IDEA Consulting) is continuing to work on this annual update. Once it is ready for the public hearing, it will be brought to the MHB.

**6. Board Member Reports**

- a. Jane Sweeney (Chair)
  - i. Jane is facilitating a bereavement group for those affected by suicide, as well as one for PTSD survivors

- b. Rita Lovell (Vice Chair)
  - i. The library is currently under full renovation and will open soon
  - ii. Rita participating in a couple of the tree-planting events in Alpine County, which proved to be therapeutic, positive and beneficial to her mental health.
- c. Becky DeForest
  - i. The Chamber is working with El Dorado County on a grant opportunity. Please keep your eye out for related meetings as input is welcome.
- d. Becky Thornburg
  - i. Becky attended the first county-wide Trauma Informed Care group
    - 1. It appears this may turn into a quarterly meeting opportunity.
- e. Dale Bennett
  - i. Not present
- f. Kate Harvey
  - i. Not present
- g. Irvin Jim (BOS Supervisor Liaison)
  - i. Not present

**7. Adjournment 12:40pm**

The next scheduled meeting will be held on July 28, 2022, in person in the Community Room at BHS, and on Zoom for those who are not able to attend in person.

*Minutes drafted by: Teri McAlpin  
Fiscal & Technical Specialist  
Alpine County Behavioral Health Services*

*Jane Sweeney, Chair*  
Jane Sweeney, Chair (electronically signed)  
Mental Health Advisory Board  
Approval Signature Date: 8/25/22